

JENGA Feelings Game – Add these labels to Jenga blocks, helps to aid conversation around emotions

What is something that annoys you?	Describe a time you felt scared	Tell us one good thing that has happened this week
Tell us one thing you are looking forward to	Who can you talk to when you feel sad?	Talk about something you did that you are proud off
Tell us about a happy memory	Who makes you happy?	What do you like doing?
What makes you sad?	Describe yourself in three words	What stresses you out?
Describe a time you felt angry	Tell us about one of your friends	What subjects are you good at?
Have you ever been embarrassed?	You are a good friend because....	Tell us one thing you are good at
What is your favourite time of year?	Have you ever felt lonely?	Tell us three of your favourite foods
Describe someone else in this room in three words?	If you had one wish what would it be?	What makes you laugh?
What are you thankful for today?	If you could change anything about school what would you change?	Tell me a funny memory

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